

Page 1 3/7/18ate

8	BMCT>Big Tom Trail junction to Summit Mt. Mitchell	179d	1.5	Difficult	Orange	Triangle	Cross Big Tom and Mt. Craig and finally reach the summit of Mt. Mitchell. Views from Mt. Craig and Mt. Mitchell.
9	Buncombe Horse (BHRT) from Colbert Ck Rd to Big Tom Trail junction Parking at lower trailhead.	191a	6.2	Difficult	White	Diamond	Climbs steadily to Maple Camp Bald (great camp spot) then more level to Big Tom junction. Some water sources.
10	Buncombe Horse (BHRT) Big Tom trail junction to Camp Alice	191b	3.0	Moderate	White	Diamond	Fairly flat but usually wet trail follows an old RR grade. Nice easterly view at cleared area. Water at Camp Alice.
Not part of challenge	Buncombe Horse (BHRT) Camp Alice to NC 128 This trail duplicates a section of the MST.	191c			White	Diamond	Shares trail with MST so NOT counted in the challenge. See MST 440c
11	Buncombe Horse (BHRT NC 128 to FS 472) Lower trailhead at twin bridges on FS 472. Upper trailhead is at the first gravel parking area on NC 128.	191d	4.6	Difficult	White	Diamond	Steep ascent from FS road through mixed forest. Top section is often wet.
12	Commissary (MMSP) Trailhead at Ranger Office.		2.0	Easy	Orange	Diamond	Spectacular views along this old RR bed. Continues past Camp Alice ending at a lovely camping area. Water at Camp Alice.
13	Colbert Ridge Lower trailhead parking on Colbert Creek Rd.	178	3.8	Very Difficult	Yellow	Diamond	3000' ascent with ecosystem changing from hardwoods to Spruce/Fir. Two rock outcrops provide nice views. Intermittent springs.
14	Devil's Den Trailhead at amphitheater in BMCG.	192	0.7	Easy	White	Diamond	Easy hike with one hill to climb. Check out the tree ID signs and learn your trees!
15	MST> Black Mtn Campground to Commissary Hill/BHRT Lower trailhead parking at kiosk across from BMCG. When reaching top at BHRT turn left and hike a short distance along BHRT to trail sign for MST section 440b.	440a	4.5	Difficult	White	Circle	The lowest section of the MST in this challenge climbs nearly 3000' from the South Toe. Camping and water near Higgins Bald. Includes Higgins Bald trail.
Part of 15	Higgins Bald	190a			Yellow	Diamond	Included with MST 440a

Page 2 3/7/18ate

Not part of	Mount Mitchell (portion parallel to Higgins Bald Trail)	190			Blue	Diamond	included in MST 440a. Trail
challenge	Except for this short section the Mount Mitchell trail is the						parallels Higgins Bald trail.
	same as MST 440a and 440b.						Hiker can take either trail.
16	MST> Commissary Hill/BHRT to Summit Mt. Mitchell	440b	1.3	Difficult	White	Circle	Final ascent through
	Trail joins the Balsam Nature Trail and ends at the						Spruce/Fir forest.
	Education Building just below the summit of Mt. Mitchell.						
17	MST>Mt. Mitchell Summit to NC 128	440c	4.5	Difficult	White	Circle	Descend steeply from the
	Upper trailhead is just above the gift shop/museum on the						summit and pass historic
	paved trail to the summit.						Camp Alice. Last 2 miles are
							nearly flat on old RR grade
							with several stream crossings
18	MST> NC 128 to Walker Knob Overlook	440d	4.6	Difficult	White	Circle	High Altitude hike in sub-
	NC 128 trailhead is at the first gravel parking area on Mt.						alpine woods passing over
	Mitchell Rd.						Blackstock Knob at 6320'.
							Intermittent springs.
19	Old Mount Mitchell (MMSP)		2.0	Moderate	Yellow	Circle	Another high altitude hike in
	Trail starts at Ranger Office and ends near summit gift shop.						the woods from Stepp's Gap
							to the summit of Mt.
							Mitchell. Stop at the
							restaurant (open May thru
							Oct) for a bite to eat!
20	Lower River Loop	200a	2.5	Easy	Yellow	Diamond	Noted for wildflowers in
	Can access from the Fishing Pier trail with parking on South						Spring this trail closely
	Toe Rd. or from BMCG.						parallels the South Toe River
21	River Loop (River Loop- upper)	200	3.7	Moderate	Yellow	Diamond	Pleasant loop through
	Access from the kiosk across from BMCG or where it						hardwood forest with two
	crossed the South Toe River on FS 472.						crossings of the South Toe
							River.
22	Setrock Creek Falls	197	0.2	Easy	White	Diamond	Short easy trail with a
	Park at kiosk across from BMCG and follow Upper River						beautiful waterfall as the
	Loop trail through campground toward Briar Bottom Group						reward.
	Camping area.						
23	Woody Ridge	177	2.2	Very Difficult	Yellow	Rectangle	Perhaps the steepest and
	Lower trailhead on Shufford Creek Rd. Parking at trailhead.						most difficult trail in the
							Blacks it climbs nearly 4000'
							in just over two miles. No
							water on trail.

Page 3 3/7/18ate

	Total Miles		66.4				
Abbreviations	BHRT = Buncombe Horse Range Trail	191					
	BMCG = Black Mtn Camp Ground						
	BMCT = Black Mtn Crest Trail (aka Deep Gap Trail)	179					
	MMSP = Mount Mitchell State Park						
	MST = Mountains-to-Sea Trail	440					
Notes	All mileages are one-way.						
	Weather conditions at the summits and on the higher						
	slopes of the Black Mountains are often very different than						
	in the valley. Temperatures can be 10 to 15 degrees lower						
	with strong winds creating low wind chills Be prepared for						
	these conditions with extra layers. During warm weather						
	lightning often strikes on the crest and slopes.						
	Be prepared for ice on these trails in winter.						
	Permanent sources of water on each trail are not generally						
	available unless noted otherwise.						
References	Trails of the Black Mountains map by NC High Peaks						
	South Toe River, Mount Mitchell & Big Ivy Trail Maps by the						
	US Forest Service						
	Interactive maps at http://www.nchighpeaks.org/node/26						
	Other Area Trails Not Included in Challenge						
	Blue Ridge Pinnacle				Orange	Diamond	
	Crabtree Falls	CTF	2.6		Orange	Diamond	
	Green Knob Trail	182	3.2	Difficult	White	Diamond	
	MST>BMCG to Neals Ck (Relo)	440	2.0		White	Circle 3-inch	
	MST>Neals Creek to BRP (MP 346)	441	3.3		White	Circle 3-inch	
	MST>BRP to Buck Creek Gap (NC 80)	442	2.7		White	Circle 3-inch	
	Roaring Fork Falls	195	0.7	Easy	Blue	Diamond	

Page 4 3/7/18ate